

Diaper Rash

Most babies get diaper rash at one time or another. The dark, warm, moist conditions in the diaper area encourage irritations and sometimes bacterial or fungal growth.

Since the major offender is the continued moisture that irritates the skin, the first measure in keeping this area clear is to keep it as dry as possible.

General Treatment

- * Frequent diaper changes
- * Thoroughly cleaning and drying the diaper area with each change
- * Exposing the diaper area to air as much as possible
- * Avoiding routine use of powders, lotions, etc.

If a rash does occur despite good routine care of the area, then use a protective layer of a diaper ointment. Call our office if the rash becomes extensive or uncomfortable.